

FOR SCHOOL HEALTH COUNCIL
January 17, 2019



3:15 p.m.
Central Administration Board Room

Members of SHC:

Brian Bliss – Superintendent
Nikki Bender – School Nurse
Mollie Truitt – School Nurse
Lorena Raker – Student Representative
Matt Kirchoff – Director of Food Service and Transportation
Paul Plechner – School Board Member
Rebecca Gajecki – Principal QE
David Beard – Asst. Principal Smith
Christina McLaughlin – Principal Providence
Steph Lininger – Principal HS

Rob Dangler – Assistant Superintendent
Becky Taylor – School Nurse
Jill Almone – Middle School F.A.C.S.
Dawn Kreider-Wellness and Fitness Instructor
Reed Hecker – Food Services Assist.
Sue Lackmann – LGH Wellness
Sandy Haines – Principal Bart
John Dolan – Asst. Principal Swift
Chris Zander – Principal Clermont

MEETING MINUTES

In attendance: **Dr. Bliss, Dr. Dangler, Mollie Truitt, Jill Almone, Matt Kirchoff, Sue Lackmann**

Old Business:

1. Review of Snack/Party Practices Will further when we have more in attendance to facilitate discussion

- Review/discuss policies, parent letters, and approved snack lists from Columbia and Cornwall Lebanon school districts.
- Current Solanco practices.

New Business

1. LGH Wellness Updates (Sue Lackmann)

-Commended our district's progress with Trauma based education

-Working on setting up a tween (11-15 year olds) cooking class at SECA, around March/April, cost is \$40 for an 8 week course. Discussed higher up front cost, but an 8 week program on nutrition for this age group would be beneficial

-Sue also shared her increased need to focus on the rising opioid crisis in county, but then more specifically we discussed the juuling in student populations. Discussed lack of quality educational programs for students and families on juuling, and the serious need for education.

Per Dr. Bliss, we continue with high tobacco occurrences in our schools, related to the rural population, but more so (smokeless) tobacco than juuling yet.

2. Upcoming High School Events (Becky Taylor)

Attending webinar (1/17) with students to learn how to create a marketable public service announcement.

Becky sent in an application to participate in a contest that has students creating a public service announcement that addresses distracted driving. Since she runs the Act Out Loud program, she thought it would be a great way to further involve students in preparing for Act Out Loud. Only 8 Lancaster county positions were available and they accepted our application (had to describe what we were doing in school regarding teaching about distracted driving). Once the application was accepted, we received a check for \$500.

1st prize will be either \$10,000 or a driving simulator

2nd prize is \$5,000

3rd prize is \$2500

The PSA will be submitted in early February. I believe the award comes out early March.

-Also, in December, they ran a T shirt logo design contest for 'Act Out Loud'

The design was to be a logo that promotes "Get There Safe" and will be on shirts for all volunteers who will be helping out at the event to wear

-AllState in West Grove, PA sponsored, top 3 designs received cash prizes

-Any council members are welcome to the event on 5/17/19 at the HS in the gym, contact Becky for further details

3. Report of Food Services

-Matt: working on National School Breakfast week menus- to be finalized by end of February, roll out in March

-Matt also working with Becky about having some of the staple a la carte items with posted nutrition facts (carbs) on the district website for reference. Can elaborate at next meeting

4. News from Individual Buildings

-Bart & Clermont to kick off Kids' Heart Challenge beginning of March

-Clermont to move into their new health room around 2/15/19

-Bender buildings: 74 students seen for dentals, 4 middle level school physicals

-Truitt: 138 school dentals, 6 middle level school physicals

5. Goal Setting

*****Will need to reschedule March 21st meeting due to kindergarten registration. Would March 7th or 14th work better?**

Tentatively the 14th of March