

**FOR SCHOOL HEALTH COUNCIL  
January 19, 2017**



**3:15 p.m.  
Central Administration Board Room**

**Members of SHC:**

Brian Bliss- Superintendent  
Sue Myers-School Nurse  
Jacob Snyder Student Representative  
Matt Kirkhoff-Food Service and Transportation Director  
Plechner-School Board Member  
Sue Lackman-LGH Wellness  
Rebecca Gajewski-Principal  
David Beard-Asst Principal Smith  
Christina McLaughlin-Principal Providence

Rob Dangler-Assistant Superintendent  
Jill Almone-FACS Middle Schools  
Andrea Cook -School Nurse  
Dawn Kreider-Wellness and Fitness Instructor Paul  
Nicole Bender-School Nurse  
Kay Bandy-Principal Clermont  
Sandy Haines-Principal Bart  
John Dolan-Asst Principal Swift

**Old Business:**

**1. Student Act Out Loud, Prom Promise: 1/19/17 Act Out Loud Rally**

- Confirmed date of the Rally as Friday, May 19<sup>th</sup>.
- Working on the vendor list and have confirmed several already. All State Insurance, Robert Stead and Marla Montalto will be providing \$2000 through All State grants for the rally expenses.
- Retired PA State trooper coming on May 10<sup>th</sup> for an assembly (11<sup>th</sup> and 12<sup>th</sup> grade). He will be presenting as part of the Impact Teen Driving program. Program follows a group of friends, “typical good kids” who are in a car, doing typical teen messing around. On a dare the teen driver swerves on purpose and then loses control of the car. She ends up killing her boyfriend. They then discuss the impact this poor, split second decision had on the lives of the teens.

**2. Wellness Policy Review and Updates: Dr. Bliss**

- An upcoming change is that the policy will need to be reviewed, with the assessment made public, once every three years.
- We are in the process of working with other districts county-wide to determine or create an assessment tool for this. Sue L. will check on any templates she may have access to.

**3. Drug Information: Narcan and new SRO**

- Narcan is now stored in the health rooms of the high school and both middle schools. The nurses have been trained in its use.
- Officer Dilworth will also be carrying Narcan, once he has been trained.

**4. Trauma Informed Schools:**

- Activities and trainings related to our Trauma Informed Schools goals will ramp up for next school year, including some upcoming teleconferences.
- Parents will have a role in this process as well.
- Two highlighted concerns from our ethnography are multi-generational poverty and our students’ ready access to guns throughout the community.

## NEW BUSINESS:

### 1. LGH Wellness updates: Jess Klinkner social media campaign about vaping

- The campaign will target both middle and high schools.
- LGH will have displays available, including posters that can be put up at school.
- We discussed two opportunities for community members to participate in smoking cessation and/or healthy goal setting clinics. Both are offered at Walter Aument and other LGH locations. The smoking cessation programs have the added benefit of free nicotine replacement therapy for participants (provided through a grant). We are unable to share this on our Facebook page or in our newsletters, as we may not pick and choose which groups are endorsed in this way.
- Sue L. will provide more information about the Bootcamp 900 program, which encourages families, students, and staff to pursue their fitness goals together.
- 03/23/2017 is the next county-wide meeting. A future topic will cover school gardens.

### 2. Report of Food Services

- The week of 03/06/2017 is National School Breakfast Week. Food services will distribute allergen and carb count information to the nurses closer to this date (new menu items). There will be daily prizes at the elementary level to encourage participation.
- Looking ahead to PSSAs.
- The breakfast counts have been up at both Clermont and Smith...possibly related to school breakfast becoming accepted as more of the norm in kids' routines.

### 3. What good is happening in the schools?

- CHI St. Joseph dental health presentations (elementary), Jump Rope for Heart (elementary), Girls on the Run (elementary), Catch-Up Immunization Clinic (middle schools), Engaging and active club choices (middle schools), Aavidum Club (high school), Upcoming assembly (high school).

## Other News:

- We took a preliminary look at an initiative released by the CDC and Shape America, just today, that encourages schools to be more intentional about recess (daily requirement, available activities, encouraging student leaders, training recess monitors, etc.). Solanco does not have a written recess policy, but we may consider looking at how we currently "do" recess and discuss any potential changes to enhance it. Specifically, our goals through this would be to increase student activity levels, and as a result, increase classroom engagement and performance, decrease illness/negative health effects of a sedentary lifestyle, peak kids' interest in maintaining physical activity outside of school hours, and to help students develop social and leadership skills.
- [http://portal.shapeamerica.org/standards/guidelines/strategies\\_for\\_recess\\_in\\_schools.aspx](http://portal.shapeamerica.org/standards/guidelines/strategies_for_recess_in_schools.aspx)

## Next Meeting Schedule

3/23/17 (Conflict board room in use for registration)? **Move to 3/30 ← Confirmed change.**  
5/18/17

3:15 at the Central Administration Board Room