# FOR SCHOOL HEALTH COUNCIL January 11, 2018



## 3:15 p.m. Central Administration Board Room

### **MEETING MINUTES**

In attendance: Lorena Raker, Rob Dangler, Nikki Bender, Mollie Truitt, Rebecca Gajecki, Jillian Almoney, Christina McLaughlin, David Beard, Brian Bliss

#### **Old Business:**

- **1. Wellness Policy audit results** Dr. Bliss reviewed the audit results regarding the Solanco School District Wellness Policy. The report was both favorable and complimentary.
- 2. **Trauma-Informed Schools information** Dr. Dangler detailed the upcoming in-service on Trauma-Informed Schools presented by Penn State University. A discussion followed regarding mental health needs for students.

#### **New Business**

- 1. Upcoming Meeting dates for 2017-18 Dr. Bliss reviewed upcoming meeting dates, as follows:
  - February 8, 2018
  - April 12, 2018
- 2. Wellness Policy website
- **3.** Wellness Policy Assessment Tool process and completion Dr. Bliss shared the newly-created Wellness Policy Assessment Template. The committee began using the template to evaluate the policy, focusing on nutrition education and physical activity. The committee will continue completing the instrument at subsequent meetings.
- 4. Report of Food Services no report
- 5. What good is happening in the schools? Christina McLaughlin shared the Jared Box Project at Providence Elementary School. Jillian Almoney detailed a program to encourage students to share unused food at Swift Middle School.

3rd Meeting Scheduled for February 8th at 3:15 p.m. in the Central Administrative Office.