

FOR SCHOOL HEALTH COUNCIL
November 8th Minutes
3:15 p.m.
Dr. Bliss' Conference Room



Members of SHC:

Brian Bliss – Superintendent
Nikki Bender – School Nurse
Mollie Truitt – School Nurse
Lorena Raker – Student Representative
Matt Kirchoff – Director of Food Service and Transportation
Paul Plechner-School Board Member
Rebecca Gajecki – Principal QE
David Beard – Asst. Principal Smith
Christina McLaughlin – Principal Providence
Chris Zander – Principal Clermont

Rob Dangler – Assistant Superintendent
Becky Taylor – School Nurse
Jill Almoney – Middle School F.A.C.S.
Dawn Kreider-Wellness and Fitness Instructor
Reed Hecker – Food Services Assist.
Sue Lackmann – LGH Wellness
Sandy Haines – Principal Bart
John Dolan – Asst. Principal Swift
Sarah Snyder – Student Representative
Steph Lininger – Principal HS

Old Business:

- 1. Employee Health:** Flu shot campaign, mobile blood testing lab at in-service days.
Approximately 132 staff flu shots given through Health Hero and Wiley's. Definite correlation noted last year with increased flu shot participation and improved attendance. Friday, November 9 is the last on-site date for staff health screenings.
- 2. Wellness Policy Review and Updates:** Dr. Bliss has completed the assessment, and it is ready for review. Wellness policy assessment is complete and ready to be posted. Several areas for potential growth noted. First set of goals to focus on nutrition/class snacks/parties, etc. Principals to see how other districts around the county handle these areas, then we will discuss what goals we would like to consider for Solanco at our next meeting.

NEW BUSINESS:

- 1. Report of Food Services:**
Working on collecting student feedback and planning several activities since this is a non-audit year (more to come on activity ideas). Stats from October:
 - Serving 1,300 more lunches than last year
 - Serving 1,500 fewer breakfasts than last year (of note is the decrease in Clermont participation due to logistics around the construction project)
 - Specific breakdowns of stats/patterns available by building for principals
 - Overall, serving 4,000 fewer lunches than we were just four years ago (decrease in enrollment plays a factor)
- 2. LGH Health Updates:**
No update.
- 3. Drug Information:** Original doses of Narcan expired at the end of last school year. We were able to obtain replacement doses for the high school through Adapt Pharma's grant program, and free doses for the middle schools through the First Responders' Program out of the district attorney's office.
- 4. District Heart Challenge (AHA):** Weighing the pros and cons of Solanco participating with AHA's district heart challenge (employees). Per Molly, we could do just the challenge portion (150 min of exercise/week, checking BP, and sharing heart health messages) without the fundraising, if we're

concerned about that interfering with our students' efforts. Tracking done online either way. Compete against other buildings/schools nationwide.

At this point, we will probably not participate in the AHA challenge, but there is some interest in pursuing some sort of in-house fitness challenge. This was led by the high school nurse and her interns in previous years. The \$5 per person fee covered prizes. Would there be any interest in the Future Nurses Club for organizing something, or are their projects pretty well planned out for the year? They are already planning a health fair in the second semester...could this be a kick-off event?

5. School Updates:

Providence – No Soda November for employees. Sunshine cart created by teachers to encourage staff.

Bart – Four open gyms scheduled for the year. Most popular PTO activity!

Clermont – Full sized gym being constructed.

All four elementaries participating in Jump Rope for Heart throughout the year. QE's event is first (week before Thanksgiving). The HS will be doing a walking event in the spring in conjunction with AHA.

6. Meeting dates set for 2018-19 (3:15 in board room):

1/17/18

3/21/18

5/16/18