

Solanco High School Menu

Nov-22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Traveling Tacc Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	2 Popcorn Chicken Bow Whole Grain Roll Mashed Potatoes/Grav Corn Fruit Milk	3 Cheese Steak Sandwicl on WG Roll With Peppers and Onions Cheese Sauce Sweet Potato Puffs Fruit Milk	4 Pizza Tossed Salad Whole Grain Cookie Fruit Milk
7 Meatball Sut on WG Roll Onion Rings Mixed Veggies Fruit Milk	8 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	9 General Tso Chicker Fried Rice Steamed Broccol Fortune cookie Fruit Milk	10 Shredded Pork Lo Mein Noodles Egg Roll Oriental Veggies Fruit Milk	11 NO SCHOOL
14 Hot Ham & Cheese on Pretzel Rol French Fries Broccoli Fruit Milk	15 Traveling Tacc Lettuce/Cheese/Sals: Refried Beans Corn Fruit Milk	16 Turkey WG Roll Mashed Potatoes/Grav California Blend Vegetable: Fruit Milk	17 Pizza Cheese Crunchers Marinara Sauce Tossed Salad Fruit Milk	18 Chicken Tenders Whole Grain Roll Green Beans Curly Fries Fruit Milk
21 Bacon Cheeseburge on WG Bun Baked Beans Onion Rings Fruit Milk	22 Baked Potato Pulled Pork Broccoli Cheese Sauce Cookie Fruit Milk	23 Pizza Sticks Tossed Salad Fruit Milk	24 NO SCHOOL	25 NO SCHOOL
28 NO SCHOOL	29 Macaroni and Cheese Garlic Bread Stick Stewed Tomatoes Steamed Broccol Fruit Milk	30 Wings Tater Tots Celery Sticks and Dip WG Roll Fruit Milk		

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks and Hot Vegetable of the day, Fresh/Canned Fruit offered everyday
Juice offered M/W/F and Slushy T/TH

Breakfast Served Daily
7:15 am - 7:40 am
FREE FOR ALL STUDENTS

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."