

Solanco High School Menu

Mar-23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Popcorn Chicken Bow Whole Grain Roll Mashed Potatoes/Grav; Corn Fruit Milk	2 Hot Turkey/Bacon & Cheese on Pretzel Roll French Fries Broccoli Fruit Milk	3 Pizza Tossed Salad Whole Grain Cookie Fruit Milk
6 Chicken Patty on WG Roll Curly Fries Mixed Veggie Fruit Milk	7 Traveling Tacc Lettuce/Cheese/Sals; Refried Beans Corn Fruit Milk	8 General Tso Chicker Brown Rice Steamed Broccol Fortune cookie Fruit Milk	9 Cheese Steak Sut on WG Roll With Peppers and Onions Cheese Sauce Sweet Potato Puffs Fruit Milk	10 Pizza Cheese Crunchers Marinara Sauce Tossed Salad Fruit Milk
13 Pancakes Sausage Patties Hash Browns Fruit Milk	14 Bacon Cheeseburge on WG Roll Onion Rings Baked Beans Fruit Milk	15 Fried Chicken Whole Grain Roll Mashed Potatoes Corn Fruit Milk	16 Macaroni and Cheese Garlic Bread Stick Stewed Tomatoes Steamed Broccol Fruit Milk	17 Chicken Tenders Whole Grain Roll Green Beans Curly Fries Fruit Milk
20 Meatball Sut on WG Roll Onion Rings Broccoli Fruit Milk	21 Traveling Tacc Lettuce/Cheese/Sals; Refried Beans Corn Fruit Milk	22 Popcorn Chicken Bow Whole Grain Roll Mashed Potatoes/Grav; Corn Fruit Milk	23 Hot Ham & Cheese on Pretzel Rol French Fries Mixed Veggies Fruit Milk	24 Pizza Sticks Tossed Salad Fruit Milk
27 Chicken Alfredc over WG Pasta Garlic Bread Stick Green Beans Fruit Milk	28 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	29 General Tso Chicker Brown Rice Steamed Broccol Fortune cookie Fruit Milk	30 Wings Tater Tots Celery Sticks and Dip WG Roll Fruit Milk	31 Chicken Tenders Whole Grain Roll Mixed Veggies Curly Fries Fruit Milk

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks and Hot Vegetable of the day, Fresh/Canned Fruit offered everyday
Juice offered M/W/F and Slushy T/TH

Breakfast Served Daily
7:15 am - 7:40 am
FREE FOR ALL STUDENTS

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."