

Solanco High School Menu

May-23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Alfredo over WG Pasta Garlic Bread Stick Green Beans Fruit Milk	2 Traveling Taco Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	3 General Tso Chicken Brown Rice Steamed Broccoli Fortune cookie Fruit Milk	4 Chicken Tenders Whole Grain Roll Green Beans Curly Fries Fruit Milk	5 NO SCHOOL
8 Chicken Patty on WG Roll Curly Fries Mixed Veggie Fruit Milk	9 Bacon Cheeseburger on WG Roll Onion Rings Baked Beans Fruit Milk	10 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	11 Cheese Steak Sub on WG Roll With Peppers and Onions Cheese Sauce Sweet Potato Puffs Fruit Milk	12 Pizza Tossed Salad Whole Grain Cookie Fruit Milk
15 Hot Ham & Cheese on Pretzel Roll French Fries Mixed Veggies Fruit Milk	16 Traveling Taco Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	17 Fried Chicken Whole Grain Roll Mashed Potatoes California Blend Fruit Milk	18 Macaroni and Cheese Garlic Bread Stick Stewed Tomatoes Steamed Broccoli Fruit Milk	19 Pizza Cheese Crunchers Marinara Sauce Tossed Salad Fruit Milk
22 Pancakes Sausage Patties Hash Browns Fruit Milk	23 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	24 General Tso Chicken Brown Rice Steamed Broccoli Fortune cookie Fruit Milk	25 Wings Tater Tots Celery Sticks and Dip WG Roll Fruit Milk	26 Pizza Sticks Tossed Salad Fruit Milk
29 NO SCHOOL	30 Traveling Taco Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	31 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk		

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks and Hot Vegetable of the day, Fresh/Canned Fruit offered everyday
Juice offered M/W/F and Slushy T/TH

Breakfast Served Daily
7:15 am - 7:40 am
FREE FOR ALL STUDENTS

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."