

Solanco High School Menu Dec-23

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pizza Tossed Salad Whole Grain Cookie Fruit Milk
4 Chicken Alfredo over Pasta Green Beans Garlic Breadstick Fruit Milk	5 Traveling Taco Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	6 General Tso Chicken Brown Rice Steamed Broccoli Fortune Cookie Fruit Milk	7 French Toast Sticks w/ syrup Sausage Patties Hash browns Fruit Milk	8 Chicken Tenders Whole Grain Dinner Roll Mixed Veggies Curly Fries Fruit Milk
11 Hot Ham and Cheese on a Pretzel Roll French Fries Mixed Veggies Fruit Milk	12 Chicken & Cheese Quesadilla w/Salsa and Sour Cream Fiesta Rice Corn Fruit Milk	13 Fried Chicken Whole Grain Dinner Roll Mashed Potatoes California Blend Fruit Milk	14 Homemade Grilled Cheese on Whole Grain Bread Tomato Soup w/Crackers Celery Sticks Fruit Milk	15 Pizza Cheese Crunchers served w/ marinara sauce Tossed Salad Fruit Milk
18 Mac and Cheese Stewed Tomatoes Steamed Broccoli Garlic Breadstick Fruit Milk	19 Burrito w/Taco Meat & Cheese on a Flour Tortilla Refried Beans & Black Beans Rice and Salsa Fruit Milk	20 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	21 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	22 Pepperoni Pizza Stick Tossed Salad Fruit Milk
25 NO SCHOOL	26	27	28	29

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks, Salad, Juice Cups, and Fresh/Canned Fruit offered everyday

Breakfast Served Daily (free for the 23-24 school year)
7:15 am - 7:40 am
\$1.40

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."

