

Solanco High School Menu

Feb-24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 French Toast w/syrup Sausage Patties Hash Browns Fruit Milk	2 Pizza Tossed Salad Whole Grain Cookie Fruit Milk
5 Chicken Alfredo over WG Pasta Garlic Bread Stick Green Beans Fruit Milk	6 Cowboy Quesadilla Texas Ranchero Beans Hush Puppies Corn Fruit Milk	7 General Tso Chicken Brown Rice Steamed Broccoli Fortune Cookie Fruit Milk	8 Homemade Grilled Cheese on Whole Grain Bread Tomato Soup w/Crackers Celery Sticks and Dip Fruit Milk	9 Chicken Tenders Whole Grain Dinner Roll Mixed Veggies Curly Fries Fruit Milk
12 Bacon Cheeseburger on WG Roll Onion Rings Broccoli Fruit Milk	13 Traveling Taco Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	14 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	15 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	16 Pizza Cheese Crunchers served w/ marinara sauce Tossed Salad Fruit Milk
19 NO SCHOOL	20 Burrito w/Taco Meat & Cheese on a Flour Tortilla Refried Beans & Black Beans Rice and Salsa Fruit Milk	21 Wings Tater Tots Whole Grain Roll Celery Sticks Fruit Milk	22 Hot Ham and Cheese on a Pretzel Roll French Fries Mixed Veggies Fruit Milk	23 Pepperoni Sticks Tossed Salad Fruit Milk
26 Pancakes w/syrup Sausage Patties Hash Browns Fruit Milk	27 Nacho Grande with Tortilla Chips Lettuce/Cheese/Corn/Salsa Refried Beans Fruit Milk	28 Fried Chicken Whole Grain Dinner Roll Mashed Potatoes California Blend Fruit Milk	29 Mac and Cheese Stewed Tomatoes Steamed Broccoli Garlic Breadstick Fruit Milk	

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks, Juice Cups, and Fresh/Canned Fruit offered everyday

Breakfast Served Daily (free for the 23-24 school year)
7:15 am - 7:40 am

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."

