

Solanco High School Menu

Mar-24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	-			1 Subway Lettuce and Pickles Chips Veggies and Dip Fruit Milk
4 Chicken Parm Sandwich on WG Roll French Fries Green Beans Fruit Milk	5 Cowboy Quesadilla Texas Ranchero Beans Hush Puppies Corn Fruit Milk	6 Tangerine Chicken Brown Rice Oriental Blend Veggie Fruit Milk	7 Cheese Steak Sub on WG Roll w/Peppers and Onions Cheese sauce Sweet Potato Puffs Fruit Milk	8 Buffalo Chicken Pizza Tossed Salad Whole Grain Cookie Fruit Milk
11 French Toast w/syrup Sausage Patties Hash Browns Fruit Milk	12 Traveling Taco Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	13 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	14 Homemade Grilled Cheese on WG Bread Tomato Soup Celery Sticks and Dip Fruit Milk	15 Chicken Tenders Whole Grain Dinner Roll Green Beans Curly Fries Fruit Milk
18 Hot Ham and Cheese on a Pretzel Roll French Fries Mixed Veggies Fruit Milk	19 Burrito w/Taco Meat & Cheese on a Flour Tortilla Refried Beans & Black Beans Fruit Milk	20 General Tso Chicken Brown Rice Broccoli Fruit Milk	21 Meatball Sub on WG Roll Onion Rings Green Beans Fruit Milk	22 Pizza Cheese Crunchers served w/ marinara sauce Tossed Salad Fruit Milk
25 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	26 Nacho Grande with Tortilla Chips Lettuce/Cheese/Corn/Salsa Refried Beans Fruit Milk	27 Turkey Whole Grain Dinner Roll Mashed Potatoes California Blend Fruit Milk	28 snow make up day Chicken & Cheese Quesadilla w/Salsa & Sour Cream Fiesta Rice Corn Fruit Milk	29 NO SCHOOL

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks, Juice Cups, and Fresh/Canned Fruit offered everyday

Breakfast Served Daily (free for the 23-24 school year)
7:15 am - 7:40 am

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."