

Solanco High School Menu

Apr-24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO SCHOOL	2 Pulled Pork Totchos (Pork BBQ, Baked Beans & Cheese over Tater Tots) Corn Fruit Milk	3 Wings Tater Tots Whole Grain Dinner Roll Celery Sticks Fruit Milk	4 Mac and Cheese Stewed Tomatoes Broccoli Garlic Bread Stick Fruit milk	5 Pepperoni Pizza Sticks Tossed Salad Fruit Milk
8 Pancakes w/syrup Sausage Patties Hash Browns Fruit Milk	9 Traveling Taco Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	10 Fried Chicken Whole Grain Dinner Roll Mashed Potatoes/Gravy California Blend Fruit Milk	11 Bacon Cheeseburger on WG Roll Onion Rings Broccoli Fruit Milk	12 Subway Lettuce and Pickles Chips Veggies and Dip Fruit Milk
15 Chicken Alfredo over WG Pasta Garlic Bread Stick Green Beans Fruit Milk	16 Cowboy Quesadilla Texas Ranchero Beans Hush Puppies Corn Fruit Milk	17 General Tso Chicken Brown Rice Broccoli Fruit Milk	18 Pizza Cheese Crunchers served w/ Marinara sauce Tossed Salad Fruit Milk	19 Chicken Tenders Whole Grain Dinner Roll Green Beans Curly Fries Fruit Milk
22 Hot Ham and Cheese on a Pretzel Roll French Fries Mixed Veggies Fruit Milk	23 Nacho Grande with Tortilla Chips Lettuce/Cheese/Corn/Salsa Refried Beans Fruit Milk	24 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	25 Homemade Grilled Cheese on WG Bread Tomato Soup Celery Sticks and Dip Fruit Milk	26 Cheese Pizza Tossed Salad Whole Grain Cookie Fruit Milk
29 French Toast w/syrup Sausage Patties Hash Browns Fruit Milk	30 Burrito w/Taco Meat & Cheese on a Flour Tortilla Refried Beans & Black Beans Fruit Milk			

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks, Juice Cups, and Fresh/Canned Fruit offered everyday

Breakfast Served Daily (free for the 23-24 school year)
7:15 am - 7:40 am

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."

