

Solanco High School Menu

May-24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Tangerine Chicken Brown Rice Oriental Blend Veggie Fruit Milk	2 Mac and Cheese Stewed Tomatoes Broccoli Garlic Bread Stick Fruit milk	3 Chicken Tenders Whole Grain Dinner Roll Green Beans Curly Fries Fruit Milk
6 Celebrating Cinco de Mayo Pepper Jack Cheese Enchilada Beef /Chicken/cheese Taco Snacks Mexican Rice Beans Fruit Milk	7 Pulled Pork Totchos (Pork BBQ, Baked Beans & Cheese over Tater Tots) Corn Fruit Milk	8 Fried Chicken Whole Grain Dinner Roll Mashed Potatoes/Gravy California Blend Fruit Milk * Solanco Scholars 7pm	9 Cheese Steak Sub on WG Roll w/Peppers and Onions Cheese Sauce Sweet Potato Puffs Fruit MILK	10 Buffalo Chicken Pizza Tossed Salad Whole Grain Cookie Fruit Milk
13 Chicken & Cheese Quesadilla w/ salsa and sour cream Fiesta Rice Corn Fruit Milk	14 Traveling Taco Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	15 keystone testing Algebra General Tso Chicken Brown Rice Broccoli Fruit Milk	16 Meatball Sub on WG Roll Onion Rings Green Beans Fruit Milk	17 keystone testing Algebra Pepperoni Pizza Sticks Tossed Salad Fruit Milk
20 keystone testing Biology Bacon Cheeseburger on WG Roll Tater Tots Baked Beans Fruit Milk	21 keystone testing Biology Cowboy Quesadilla Texas Ranchero Beans Hush Puppies Corn Fruit Milk *Senior Awards 7pm	22 keystone testing Literature Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	23 keystone testing Literature Hot Ham and Cheese on a Pretzel Roll French Fries Broccoli Fruit Milk	24 Cheese Pizza Tossed Salad Whole Grain Cookie Fruit Milk
27 NO SCHOOL	28 Nacho Grande with Tortilla Chips Lettuce/Cheese/Corn/Salsa Refried Beans Fruit Milk	29 Ophelia Day Wings Tater Tots Whole Grain Dinner Roll Celery Sticks Fruit Milk	30 Pancakes w/syrup Sausage Patties Hash Browns Fruit Milk	31 Chicken Tenders Whole Grain Dinner Roll Green Beans Curly Fries Fruit Milk

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks, Juice Cups, and Fresh/Canned Fruit offered everyday

Breakfast Served Daily (free for the 23-24 school year)
7:15 am - 7:40 am

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."

