




# 2024 Middle Menu



| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|--|--|--|--|
| 2 <b>BREAKFAST BREAD/MUFFINS</b>   | 3 <b>PANCAKES</b>  | 4 <b>YOGURT PARFAIT</b>  | 5 <b>WAFFLES</b>   | 6 <b>BREAKFAST SANDWICH</b>  |
| <b>NO SCHOOL</b>   | Chicken Alfredo w/ Penne Pasta<br>Steamed Broccoli<br>Garlic Bread<br>Choice of Fruit and Milk               | Cheese or Western Omelet<br>Cornbread<br>Hash Brown<br>Celery w/ Peanut Butter<br>Choice of Fruit and Milk         | Baked Chicken Drumstick<br>Whole Grain Roll<br>Mashed Potatoes & Gravy<br>Mixed Vegetables<br>Choice of Fruit and Milk | Pizza<br>Caesar Salad<br>Whole Grain Cookie<br>Choice of Fruit<br>Choice of Milk           |
| 9 <b>BREAKFAST PASTRY</b>  | 10 <b>BREAKFAST BURRITO</b>  | 11 <b>YOGURT PARFAIT</b>   | 12 <b>STUFFED HASHBROWN</b>  | 13 <b>BREAKFAST SANDWICH</b>   |
| Crunchy Fish Sandwich w/ Tartar Sauce<br>Fries<br>Seasoned Green Beans<br>Choice of Fruit and Milk | Cowboy Quesadilla<br>Texas Ranchero Beans<br>Hush Puppies<br>Fresh Veggies & Dip<br>Choice of Fruit and Milk | Popcorn Chicken Bowl<br>Mashed Potatoes & Gravy<br>Corn<br>Whole Grain Roll<br>Choice of Fruit and Milk            | Meatballs & Pasta w/ Marinara Sauce<br>Garlic Bread<br>Buttered Peas<br>Choice of Fruit and Milk                       | Beef Fiestada<br>Mexican Fiesta Rice<br>Buttered Corn<br>Choice of Fruit<br>Choice of Milk |
| 16 <b>BREAKFAST BREAD/MUFFINS</b>  | 17 <b>PANCAKES</b>   | 18 <b>YOGURT PARFAIT</b>   | 19 <b>WAFFLES</b>  | 20 <b>BREAKFAST SANDWICH</b>   |
| Corn Dog Nuggets<br>Mixed Vegetables<br>Baked Beans<br>Choice of Fruit<br>Choice of Milk           | Chicken & Cheese Quesadilla with/ Salsa & Sour Cream<br>Fiesta Rice<br>Corn<br>Choice of Fruit and Milk      | Roast Beef<br>Mashed Potatoes w/ Gravy<br>Biscuit w/ Butter & Jelly<br>California Blend Vegetables<br>Cherry Crisp | French Toast Sticks w/ Syrup<br>Sausage<br>Hash Brown<br>Celery w/ Peanut Butter<br>Choice of Fruit and Milk           | Pizza<br>Tossed Salad<br>Whole Grain Cookie<br>Choice of Fruit<br>Choice of Milk           |
| 23   | 24   | 25 <b>MERRY CHRISTMAS</b>  | 26   | 27   |
| <b>NO SCHOOL</b>   | <b>NO SCHOOL</b>   |                                   | <b>NO SCHOOL</b>   | <b>NO SCHOOL</b>   |
| 28   | 29   | 30   | 31   |  |
| <b>NO SCHOOL</b>   | <b>NO SCHOOL</b>   | <b>NO SCHOOL</b>   | <b>NO SCHOOL</b>   |  |

|  |  |  |  |  |
|--|--|--|--|--|
| <b>Deli Sandwich</b><br>Lettuce, Tomato, Onion & Pickles<br>OR<br><b>Peanut Butter &amp; Jelly</b> | <b>Deli Sandwich</b><br>Lettuce, Tomato, Onion & Pickles<br>OR<br><b>Peanut Butter &amp; Jelly</b> | <b>Deli Sandwich</b><br>Lettuce, Tomato, Onion & Pickles<br>OR<br><b>Peanut Butter &amp; Jelly</b> | <b>Deli Sandwich</b><br>Lettuce, Tomato, Onion & Pickles<br>OR<br><b>Peanut Butter &amp; Jelly</b> | <b>Deli Sandwich</b><br>Lettuce, Tomato, Onion & Pickles<br>OR<br><b>Peanut Butter &amp; Jelly</b> |
|--|--|--|--|--|


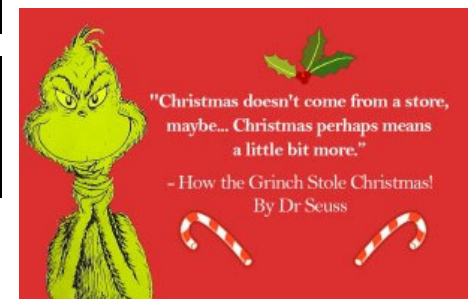
**\*\*BREAKFAST\*\***  
Assorted Cereal  
Gluten Free Options Available

**ZeeZees Breakfast Bars**  
Nut, Dairy, Egg & Sesame Free

Assorted Fruit  
100% Fruit Juice  
Assorted Milk  
Served Every Day

**\*\*LUNCH\*\***  
Sides Come With All Lunch Options  
Fresh Carrot & Apple Packs  
**\*\*Served Every Day\*\***  
A Variety of Fresh, Canned and/or Frozen Fruit and Fresh Vegetables  
**\*\*Served Every Day\*\***

Choice of Milk

Menu subject to change without notice  
Student Breakfast FREE  
Student Lunch \$2.50  
Milk & Juice \$0.50

"This institution is an equal opportunity provider"

