

Solanco High School Menu Jan-25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 NO SCHOOL	2 Variety of Chicken and Ham Sandwiches on a Bun Peas Seasoned Potato Wedges Fruit Milk	3 Pepperoni Pizza Sticks Tossed Salad Fruit Milk
6 Chicken Parmesan over WG Pasta Garlic Breadstick Green Beans Fruit Milk	7 Nacho Grande w/Torilla Chips Lettuce/Cheese/Salsa Corn Refried Beans Fruit Milk	8 Tangerine Chicken Brown Rice Oriental Blend Vegetable Fruit Milk	9 Meatball Sub on WG Roll Onion Rings Carrots Fruit Milk	10 Chicken Tenders Whole Grain Dinner Roll Broccoli Au Gratin Potatoes Fruit Milk
13 Bacon Cheeseburger on WG Roll Baked Beans Onion Rings Fruit Milk	14 Chicken & Cheese Quesdilla w/Salsa & Sour Cream Fiesta Rice Corn Fruit Milk	15 Popcorn Chicken Mashed Potatoes/Gravy Corn Whole Grain Dinner Roll Fruit Milk	16 Mac and Cheese Stewed Tomatoes Broccoli Garlic Breadstick Fruit Milk	17 Pizza Crunchers w/Marinara Sauce Tossed Salad Fruit Milk
20 NO SCHOOL	21 Burrito w/Taco Meat Cheddar Cheese on a Flour Tortilla Refried Beans & Black Beans Corn Fruit Milk	22 NO SCHOOL (91st day could change)	23 Chicken Alfredo W/Pasta Garlic Bread Stick Green Beans Fruit Milk	24 Chicken Tenders Whole Grain Dinner Roll Broccoli Seasoned Potato Wedges Fruit Milk
27 French Toast Sticks w/Syrup Sausage Patties Hash Browns Fruit Milk	28 Traveling Taco Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	29 General Tso Chicken Fried Rice Broccoli Fruit Milk	30 Hot Ham and Cheese on a Pretzel Roll Tater Tots Mixed Veggies Fruit Milk	31 Pizza Buffalo Chicken or Cheese Tossed Salad Whole Grain Cookie Fruit Milk

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks, Juice Cups, and Fresh/Canned Fruit offered everyday

**Breakfast Served Daily (free for the 24-25 school year)
7:15 am - 7:40 am**

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."

