




# 2025 Middle Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <b>BREAKFAST BREAD/MUFFINS</b> Grilled Cheese on Whole Grain Bread Tomato Soup with Crackers Steamed Broccoli Choice of Fruit and Milk	4 <b>PANCAKES</b> Breaded Chicken Filet Sandwich Glazed Carrots Fries Choice of Fruit and Milk	5 <b>YOGURT PARFAIT</b> Traveling Tacos w/ Meat, Cheese & Salsa Fiesta Black Beans Churro Choice of Fruit and Milk	6 <b>WAFFLES</b> General Tso Chicken Fried Rice Steamed Broccoli Fortune Cookie Choice of Fruit and Milk	7 <b>BREAKFAST SANDWICH</b> Cheese Stuffed Garlic Twists w/ Marinara Sauce Caesar Salad Onion Rings Choice of Fruit and Milk
10 <b>BREAKFAST PASTRY</b> Hot Dog on Whole Grain Roll Macaroni & Cheese Buttered Peas Choice of Fruit and Milk	11 <b>BREAKFAST BURRITO</b> Chicken Tenders w/ Whole Grain Roll Au Gratin Potatoes California Blend Vegetables Choice of Fruit and Milk	12 <b>YOGURT PARFAIT</b> <b>New Recipe Day</b> Check w/ Your Cafeteria For Your School's Meal of the Day	13 <b>EGG &amp; CHEESE STUFFED HASHBROWN</b> Baked Chicken Drumstick Whole Grain Roll Mashed Potatoes & Gravy Mixed Vegetables Choice of Fruit and Milk	14 <b>BREAKFAST SANDWICH</b> Breaded Ravioli w/ Marinara Sauce Steamed Broccoli Texas Toast Chocolate Cherry Pudding
17 <b>BREAKFAST BREAD/MUFFINS</b>  <b>NO SCHOOL</b>	18 <b>PANCAKES</b> Beef Burrito w/ Cheese Refried Beans Brown Rice Lettuce, Tomato & Salsa Choice of Fruit and Milk	19 <b>YOGURT PARFAIT</b> Chicken Alfredo w/ Penne Pasta Steamed Broccoli Garlic Bread Choice of Fruit and Milk	20 <b>WAFFLES</b> Cheese or Western Omelet Cornbread Hash Brown Celery w/ Peanut Butter Choice of Fruit and Milk	21 <b>BREAKFAST SANDWICH</b> Pizza Caesar Salad Whole Grain Cookie Choice of Fruit Choice of Milk
24 <b>BREAKFAST PASTRY</b> Crunchy Fish Sandwich w/ Tartar Sauce Fries Seasoned Green Beans Choice of Fruit and Milk	25 <b>BREAKFAST BURRITO</b> Cowboy Quesadilla Texas Ranchero Beans Hush Puppies Fresh Veggies & Dip Choice of Fruit and Milk	26 <b>YOGURT PARFAIT</b> Popcorn Chicken Bowl Mashed Potatoes & Gravy Corn Whole Grain Roll Choice of Fruit and Milk	27 <b>EGG &amp; CHEESE STUFFED HASHBROWN</b> Meatballs & Pasta w/ Marinara Sauce Garlic Bread Buttered Peas Choice of Fruit and Milk	28 <b>BREAKFAST SANDWICH</b> Beef Fiestada Mexican Fiesta Rice Buttered Corn Choice of Fruit Choice of Milk

<b>Deli Sandwich</b> Lettuce, Tomato, Onion & Pickles OR Peanut Butter & Jelly	<b>Deli Sandwich</b> Lettuce, Tomato, Onion & Pickles OR Peanut Butter & Jelly	<b>Deli Sandwich</b> Lettuce, Tomato, Onion & Pickles OR Peanut Butter & Jelly	<b>Deli Sandwich</b> Lettuce, Tomato, Onion & Pickles OR Peanut Butter & Jelly	<b>Deli Sandwich</b> Lettuce, Tomato, Onion & Pickles OR Peanut Butter & Jelly
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**\*\*BREAKFAST\*\***  
Assorted Cereal  
Gluten Free Options Available  
ZeeZees Breakfast Bars  
Nut, Dairy, Egg & Sesame Free  
Assorted Fruit  
100% Fruit Juice  
Assorted Milk  
Served Every Day

**\*\*LUNCH\*\***  
Sides Come With All Lunch Options  
Fresh Carrot & Apple Packs  
**\*\*Served Every Day\*\***  
A Variety of Fresh, Canned and/or Frozen Fruit and Fresh Vegetables  
**\*\*Served Every Day\*\***  
Choice of Milk




Menu subject to change without notice  
Student Breakfast FREE  
Student Lunch \$2.50  
Milk & Juice \$0.50



"This institution is an equal opportunity provider"