




2025 Middle Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 PANCAKES Beef Burrito w/ Cheese Refried Beans Brown Rice Lettuce, Tomato & Salsa Choice of Fruit and Milk	2 YOGURT PARFAIT Chicken Alfredo w/ Penne Pasta Steamed Broccoli Garlic Bread Choice of Fruit and Milk	3 WAFFLES Cheese or Western Omelet Cornbread Hash Brown Celery w/ Peanut Butter Choice of Fruit and Milk	4 BREAKFAST SANDWICH Pizza Caesar Salad Whole Grain Cookie Choice of Fruit Choice of Milk
7 BREAKFAST PASTRY Corn Dog Nuggets Mixed Vegetables Baked Beans Fries Choice of Fruit and Milk	8 BREAKFAST BURRITO Chicken & Cheese Quesadilla with/ Salsa & Sour Cream Fiesta Rice Corn Choice of Fruit and Milk	9 YOGURT PARFAIT Cheeseburger on WG Roll Baby Baked Potatoes Glazed Carrots Choice of Fruit Choice of Milk	10 STUFFED HASHBROWN French Toast Sticks w/ Syrup Sausage Hash Brown Celery w/ Peanut Butter Choice of Fruit and Milk	11 BREAKFAST SANDWICH Pizza Tossed Salad Whole Grain Cookie Choice of Fruit Choice of Milk
14 BREAKFAST BREAD/ MUFFINS Grilled Cheese on Whole Grain Bread Tomato Soup with Crackers Steamed Broccoli Choice of Fruit and Milk	15 PANCAKES Breaded Chicken Filet Sandwich Glazed Carrots Fries Choice of Fruit and Milk	16 YOGURT PARFAIT Traveling Tacos w/ Meat, Cheese & Salsa Fiesta Black Beans Churro Choice of Fruit and Milk	17 WAFFLES Cook's Choice	18 BREAKFAST SANDWICH 
21 BREAKFAST PASTRY 	22 EARTH DAY BREAKFAST BURRITO Hot Dog on Whole Grain Roll Macaroni & Cheese Buttered Peas Dirt Pudding	23 YOGURT PARFAIT General Tso Chicken Fried Rice Steamed Broccoli Fortune Cookie Choice of Fruit and Milk	24 EGG & CHEESE STUFFED HASHBROWN Chili Served w/ Cheddar and Sour Cream Garden Salad Cornbread Choice of Fruit and Milk	25 BREAKFAST SANDWICH Cheese Stuffed Garlic Twists w/ Marinara Sauce Caesar Salad Onion Rings Choice of Fruit and Milk
28 BREAKFAST BREAD/ MUFFINS Crunchy Fish Sandwich w/ Tartar Sauce Fries Seasoned Green Beans Choice of Fruit and Milk	29 PANCAKES Cowboy Quesadilla Texas Ranchero Beans Hush Puppies Fresh Veggies & Dip Choice of Fruit and Milk	30 YOGURT PARFAIT Popcorn Chicken Bowl Mashed Potatoes & Gravy Corn Whole Grain Roll Choice of Fruit and Milk		
Deli Sandwich Lettuce, Tomato, Onion & Pickles OR Peanut Butter & Jelly	Deli Sandwich Lettuce, Tomato, Onion & Pickles OR Peanut Butter & Jelly	Deli Sandwich Lettuce, Tomato, Onion & Pickles OR Peanut Butter & Jelly	Deli Sandwich Lettuce, Tomato, Onion & Pickles OR Peanut Butter & Jelly	Deli Sandwich Lettuce, Tomato, Onion & Pickles OR Peanut Butter & Jelly

****BREAKFAST****
Assorted Cereal
Gluten Free Options Available
ZeeZees Breakfast Bars
Nut, Dairy, Egg & Sesame Free
Assorted Fruit
100% Fruit Juice
Assorted Milk
Served Every Day

****LUNCH****
Sides Come With All Lunch
Options
Fresh Carrot & Apple Packs
****Served Every Day****
A Variety of Fresh, Canned
and/or Frozen Fruit and
Fresh Vegetables
****Served Every Day****
Choice of Milk




Menu subject to change without notice
Student Breakfast FREE
Student Lunch \$2.50
Milk & Juice \$0.50



"This institution is an equal opportunity provider"

"The Earth is what we all have
in common"

Wendell Berry