

Solanco High School Menu

May-25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Homemade Grilled Cheese on WG Bread Tomato Soup w/Crackers Celery Sticks Fruit Milk	2 Pizza Cheese or BBQ Chicker Tossed Salad Whole Grain Cookie Fruit Milk
5 French Toast w/Syrup Sausage Patties Hash Browns Fruit Milk	6 Nacho Grande w/Torilla Chips Lettuce/Cheese/Salsa Corn Refried Beans Fruit Milk	7 Popcorn Chicker Mashed Potatoes/Gravy Corn Whole Grain Dinner Roll Fruit Milk	8 Meatball Sub on WG Roll Onion Rings Broccoli Fruit Milk	9 Chicken Tenders Whole Grain Dinner Roll Green Beans Au Gratin Potatoes Fruit Milk
12 Pork BBQ Sandwich on WG Roll Baked Beans Onion Rings Fruit Milk	13 Chicken & Cheese Quesadilla w/Salsa & Sour Cream Fiesta Rice Corn Fruit Milk	14 Tangerine Chicker Brown Rice Oriental Blend Vegetables Fruit Milk	15 Hot Ham and Cheese on a Pretzel Roll Seasoned Potato Wedges Mixed Vegetables Fruit Milk	16 Pepperoni Pizza Sticks Tossed Salad Fruit Milk
19 Mac and Cheese Stewed Tomatoes Broccoli Garlic Breadstick Fruit Milk	20 Traveling Taco Lettuce/Cheese/Salsa Refried Beans Corn Fruit Milk	21 Wings Tater Tots Whole Grain Dinner Roll Celery Sticks Fruit Milk	22 Breaded Ravioli W/ Marinara Sauce Tossed Salad Texas Toast Fruit Milk	23 Chicken Tenders Whole Grain Dinner Roll Mixed Vegetables Seasoned Potato Wedges Fruit Milk
26 NO SCHOOL	27 Buffalo Chicken Dip W/Tortilla Chips Celery Stick/Dip Fruit Milk	28 General Tso Chicker Fried Rice Broccoli Fruit Milk	29 Cheese Steak Sub on WG Roll w/Peppers & Onions Cheese Sauce Tater Tots Fruit Milk	30 Pizza Crunchers w/Marinara Sauce Tossed Salad Fruit Milk

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks, Juice Cups, and Fresh/Canned Fruit offered everyday

Breakfast Served Daily (free for the 24-25 school year)
7:15 am - 7:40 am

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and pre-made salads

"This institution is an equal opportunity provider."

