




# 2025 Middle Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <b>WAFFLES</b> Meatballs & Pasta w/ Marinara Sauce Garlic Bread Buttered Peas Choice of Fruit and Milk	2 <b>BREAKFAST SANDWICH</b> Beef Fiestada Mexican Fiesta Rice Buttered Corn Choice of Fruit Choice of Milk
5 <b>BREAKFAST PASTRY</b> Corn Dog Nuggets Mixed Vegetables Baked Beans Fries Choice of Fruit and Milk	6 <b>BREAKFAST BURRITO</b> Chicken & Cheese Quesadilla with/ Salsa & Sour Cream Fiesta Rice Corn Choice of Fruit and Milk	7 <b>YOGURT PARFAIT</b> Cheeseburger on WG Roll Baby Baked Potatoes Glazed Carrots Choice of Fruit Choice of Milk	8 <b>STUFFED HASHBROWN</b> French Toast Sticks w/ Syrup Sausage Hash Brown Celery w/ Peanut Butter Choice of Fruit and Milk	9 <b>BREAKFAST SANDWICH</b> Pizza Tossed Salad Whole Grain Cookie Choice of Fruit Choice of Milk
12 <b>BREAKFAST BREAD/MUFFINS</b> Grilled Cheese on Whole Grain Bread Tomato Soup with Crackers Steamed Broccoli Choice of Fruit and Milk	13 <b>PANCAKES</b> Breaded Chicken Filet Sandwich Glazed Carrots Fries Choice of Fruit and Milk	14 <b>YOGURT PARFAIT</b> Traveling Tacos w/ Meat, Cheese & Salsa Fiesta Black Beans Churro Choice of Fruit and Milk	15 <b>WAFFLES</b> General Tso Chicken Fried Rice Steamed Broccoli Fortune Cookie Choice of Fruit and Milk	16 <b>BREAKFAST SANDWICH</b> Cheese Stuffed Garlic Twists w/ Marinara Sauce Caesar Salad Onion Rings Choice of Fruit and Milk
19 <b>BREAKFAST PASTRY</b> Hot Dog on Whole Grain Roll Macaroni & Cheese Buttered Peas Choice of Fruit and Milk	20 <b>BREAKFAST BURRITO</b> Chicken Tenders w/ Whole Grain Roll Au Gratin Potatoes California Blend Vegetables Choice of Fruit and Milk	21 <b>YOGURT PARFAIT</b> Chili Served w/ Cheddar and Sour Cream Garden Salad Cornbread Choice of Fruit and Milk	22 <b>EGG &amp; CHEESE STUFFED HASHBROWN</b> Baked Chicken Drumstick Whole Grain Roll Mashed Potatoes & Gravy Mixed Vegetables Choice of Fruit and Milk	23 <b>BREAKFAST SANDWICH</b> Breaded Ravioli w/ Marinara Sauce Steamed Broccoli Texas Toast Choice of Fruit and Milk
26 	27 <b>PANCAKES</b> Orange Chicken Over Brown Rice Oriental Vegetable Blend Fortune Cookie Choice of Fruit and Milk	28 <b>YOGURT PARFAIT</b> Cheese or Western Omelet Cornbread Hash Brown Celery w/ Peanut Butter Choice of Fruit and Milk	29 <b>WAFFLES</b> Chicken Alfredo w/ Penne Pasta Steamed Broccoli Garlic Bread Choice of Fruit and Milk	30 <b>BREAKFAST SANDWICH</b> Pizza Caesar Salad Whole Grain Cookie Choice of Fruit Choice of Milk
<b>Deli Sandwich</b> Lettuce, Tomato, Onion & Pickles OR <b>Peanut Butter &amp; Jelly</b>	<b>Deli Sandwich</b> Lettuce, Tomato, Onion & Pickles OR <b>Peanut Butter &amp; Jelly</b>	<b>Deli Sandwich</b> Lettuce, Tomato, Onion & Pickles OR <b>Peanut Butter &amp; Jelly</b>	<b>Deli Sandwich</b> Lettuce, Tomato, Onion & Pickles OR <b>Peanut Butter &amp; Jelly</b>	<b>Deli Sandwich</b> Lettuce, Tomato, Onion & Pickles OR <b>Peanut Butter &amp; Jelly</b>


**\*\*BREAKFAST\*\***  
Assorted Cereal  
Gluten Free Options Available

**ZeeZees Breakfast Bars**  
Nut, Dairy, Egg & Sesame Free

Assorted Fruit  
100% Fruit Juice  
Assorted Milk  
Served Every Day

**\*\*LUNCH\*\***  
Sides Come With All Lunch Options  
Fresh Carrot & Apple Packs  
**\*\*Served Every Day\*\***  
A Variety of Fresh, Canned and/or Frozen Fruit and Fresh Vegetables  
**\*\*Served Every Day\*\***

Choice of Milk




Menu subject to change without notice  
Student Breakfast FREE  
Student Lunch \$2.50  
Milk & Juice \$0.50



"This institution is an equal opportunity provider"