

August 2025 Middle Mules Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Smoothies w/ Graham Crackers	Breakfast Bread w/ Hard Cooked Egg	Yogurt & Fruit Parfait	Mini Cinnis	Egg & Cheese on English Muffin
Smoothies w/ Graham Crackers	Breakfast Bread w/ Hard Cooked Egg	Yogurt & Fruit Parfait	Strawberry & Cream Cheese Mini Bagel	Egg & Cheese Stuffed Hashbrown
Smoothies w/ Graham Crackers	Breakfast Bread w/ Hard Cooked Egg	Yogurt & Fruit Parfait	Donut Holes	Sausage, Egg & Cheese Burrito
Smoothies w/ Graham Crackers	Breakfast Bread w/ Hard Cooked Egg	Yogurt & Fruit Parfait	Cherry or Apple Frudels	Egg & Cheese on Maple Pancake
25 Smoothies w/ Graham Crackers	26 Breakfast Bread w/ Hard Cooked Egg	27 Yogurt & Fruit Parfait	28 Apple Cinnamon Texas Toast	29 Sausage & Cheese on Maple Waffle
Corn Dog Nuggets Mixed Vegetables Baked Beans Potato Wedges Solanco Sub	Chicken & Cheese Quesadilla with/ Salsa & Sour Cream Fiesta Rice Corn Solanco Sub	Cheeseburger on WG Bun Baby Baked Potatoes Glazed Carrots Solanco Sub	French Toast Sticks w/ Syrup Sausage Patty Hash Brown Celery w/ Peanut Butter or Dip Solanco Sub	NO SCHOOL

****BREAKFAST****
Assorted Cereal
 Gluten Free Options Available
ZeeZees Breakfast Bars
 Nut, Dairy, Egg & Sesame Free
Assorted Fruit
 100% Fruit Juice
Assorted Milk
 Served Every Day

****LUNCH****
Fresh Carrot & Apple Packs
****Served Every Day****
 A Variety of Fresh, Canned
 and/or Frozen Fruit,
 Fresh Vegetables and
 Lettuce, Tomato & Pickles
****Served Every Day****
 Choice of Milk

Everyday Alternates:

<u>Yo To Go</u>	<u>Peanut Butter & Jelly</u>	<u>Deli Sandwich</u>
4 oz. Yogurt Cup Cheese Stick Super Slice Flavored Bread Dried Fruit Pack	PB&J Uncrustable Cheese Stick Snack Crackers Dried Fruit Pack	Weekly Deli Selection Carrot Pack w/ Dip Snack Crackers Dried Fruit Pack

Menu subject to change without notice
 Student Breakfast FREE Adult Breakfast \$2.94
 Student Lunch \$2.50 Adult Lunch \$4.85
 Milk & Juice \$0.50
"This institution is an equal opportunity provider"

