

Solanco School District

Wellness Verification Form – 2026 Discount

(Eligibility for 2026 Employee Share of Healthcare Premium Reduction)

1. Health Screenings / Biometrics

Employees and covered spouses must complete biometric screenings during the 2025 calendar year. Verification must be submitted to the Business Office by December 8, 2025.

Screenings include:

- Blood Pressure
- Glucose (Blood Sugar)
- Cholesterol Lipid Panel
- Height, Weight, Waist Circumference

Options for completing screenings:

- ☐ District Onsite Screening (no form required)
- ☐ Physician Office / Penn Medicine Facility (physician must complete the Penn Medicine Screening Registration Form and return it to Penn Medicine as instructed at the bottom of the form) [click here to download form \(top left\)](#)

Date Completed: _____

2. Flu Shot

Employees and covered spouses are required to receive a seasonal flu vaccination during the 2025 calendar year, with verification submitted to the Business Office by December 8, 2025. If you are unable to receive the flu shot for medical reasons, a signed statement from your physician is required.

Options for receiving vaccination:

- ☐ District Onsite Flu Clinic (no form required)
- ☐ Physician Office (signature required below)
- Physician's Signature: _____
- Printed Name: _____
- ☐ Other Provider (attach documentation)
- Provider Name: _____

Date Completed: _____

3. Verification

This form is for: ☐ Employee ☐ Employee's Spouse

Employee Name (please print): _____

Submit completed form and any required documentation to the Business Office by December 8, 2025.