

February 2026 Middle Mules Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Smoothies w/ Graham Crackers	3 Breakfast Bread w/ Hard Cooked Egg	4 Yogurt & Fruit Parfait	5 Mini Cinnis	6 Egg & Cheese on English Muffin
Meatballs & Pasta w/ Marinara Sauce Garlic Bread Buttered Peas	Chicken Tenders w/ Whole Grain Roll Au Gratin Potatoes California Blend Vegetables	Traveling Tacos w/ Meat, Cheese & Salsa Fiesta Black Beans Churro	Baked Chicken Drumstick Whole Grain Roll Mashed Potatoes & Gravy Mixed Vegetables	*Super Bowl Tailgate Party* Hot Dog on WG Bun Tortilla Chips w/Cheese Sauce Fresh Veggies w/ Dip Sugar Cookie Ice Cream Cup
Turkey & Cheese	Turkey & Cheese	Turkey & Cheese	Turkey & Cheese	Turkey & Cheese
9 Smoothies w/ Graham Crackers	10 Breakfast Bread w/ Hard Cooked Egg	11 Yogurt & Fruit Parfait	12 Strawberry & Cheese Mini Bagel	13 Egg & Cheese Stuffed Hashbrown
Peperoni or Cheese Pizza Garden Salad Whole Grain Cookie *National Pizza Day*	NEW! Beef Teriyaki over Brown Rice Steamed Broccoli Fortune Cookie	Chicken Alfredo w/ Penne Pasta Steamed Broccoli Garlic Bread	Cheese or Western Omelet Cornbread Hash Brown Celery w/ Peanut Butter or Dip	Beef Fiestada Mexican Fiesta Rice Buttered Corn Churro
Italian Sub	Italian Sub	Italian Sub	Italian Sub	Italian Sub
16	17 Breakfast Bread w/ Hard Cooked Egg	18 Yogurt & Fruit Parfait	19 Donut Holes	20 Sausage, Egg & Cheese Burrito
NO SCHOOL	Popcorn Chicken Bowl Mashed Potatoes & Gravy Corn Whole Grain Roll Sweet Bologna & Cheese	Cheesesteak Quesadilla Texas Ranchero Beans Onion Rings Fresh Veggies & Dip Sweet Bologna & Cheese	Breaded Chicken Filet Sandwich Glazed Carrots Curly Fries Sweet Bologna & Cheese	Stromboli w/ Marinara Sauce Steamed Broccoli Tator Tots Sweet Bologna & Cheese
23 Smoothies w/ Graham Crackers	24 Breakfast Bread w/ Hard Cooked Egg	25 Yogurt & Fruit Parfait	26 Cherry or Apple Frudels	27 Egg & Cheese on Maple Pancake
Grilled Cheese on Whole Grain Bread Tomato Soup with Crackers Steamed Broccoli	NEW! Cherry Blossom Chicken Fried Rice Oriental Vegetable Blend Fortune Cookie	Pizza Crunchers w/ Marinara Sauce Garden Salad Warm Cinnamon Apples	Crunchy Fish Sandwich w/ Tartar Sauce Hush Puppies Seasoned Green Beans	Grilled Chicken Chunks w/ Teriyaki Sauce Noodle Bowl California Blend Vegetables

****BREAKFAST****
Assorted Cereal
 Gluten Free Options Available
ZeeZees Breakfast Bars
 Nut, Dairy, Egg & Sesame Free
Assorted Fruit
100% Fruit Juice
Assorted Milk
Served Every Day

****LUNCH****
Fresh Carrot & Apple Packs
****Served Every Day****
A Variety of Fresh, Canned
and/or Frozen Fruit,
Fresh Vegetables and
Lettuce, Tomato & Pickles
****Served Every Day****
Choice of Milk

Everyday Alternates:

<u>Yo To Go</u>	<u>Peanut Butter & Jelly</u>	<u>Deli Sandwich</u>
4 oz. Yogurt Cup	PB&J Uncrustable	Weekly Deli Selection
Cheese Stick	Cheese Stick	Carrot Pack w/ Dip
Super Slice Flavored Bread	Snack Crackers	Snack Crackers
Dried Fruit Pack	Dried Fruit Pack	Dried Fruit Pack

Menu subject to change without notice
 Student Breakfast FREE Adult Breakfast \$2.94
 Student Lunch \$2.50 Adult Lunch \$4.85
 Milk & Juice \$0.50
"This institution is an equal opportunity provider"

