

April 2026 Middle Mules Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Yogurt & Fruit Parfait	2 Mini Cinnis	3
		Pizza Crunchers w/ Marinara Sauce Garden Salad Warm Cinnamon Apples Bologna & Cheese	General Tso Chicken Fried Rice Steamed Broccoli Fortune Cookie Bologna & Cheese	NO SCHOOL
6	7 Breakfast Bread w/ Hard Cooked Egg	8 Yogurt & Fruit Parfait	9 Strawberry & Cheese Mini Bagel	10 Egg & Cheese Stuffed Hashbrown
NO SCHOOL	Chicken Tenders w/ Whole Grain Roll Au Gratin Potatoes California Blend Vegetables Turkey & Cheese	Traveling Tacos w/ Meat, Cheese & Salsa Fiesta Black Beans Churro Turkey & Cheese	Baked Chicken Drumstick Whole Grain Roll Mashed Potatoes & Gravy Mixed Vegetables Turkey & Cheese	Pepperoni or Cheese Pizza Garden Salad Whole Grain Cookie Turkey & Cheese
13 Smoothies w/ Graham Crackers	14 Breakfast Bread w/ Hard Cooked Egg	15 Yogurt & Fruit Parfait	16 Donut Holes	17 Sausage, Egg & Cheese Burrito
Orange Chicken Over Brown Rice Oriental Vegetable Blend Fortune Cookie Italian Sub	Cheeseburger on WG Bun Baby Baked Potatoes Glazed Carrots Italian Sub	Hot Dog on Whole Grain Roll Fries w/ Cheese Sauce Buttered Peas Banana Pudding ** National Banana Day**	Cheese or Western Omelet Cornbread Hash Brown Celery w/ Peanut Butter or Dip Italian Sub	Grilled Chicken Chunks w/ Teriyaki Sauce Noodle Bowl California Blend Vegetables Italian Sub
20 Smoothies w/ Graham Crackers	21 Breakfast Bread w/ Hard Cooked Egg	22 Yogurt & Fruit Parfait	23 Cherry or Apple Frudels	24 Sausage and Cheese on Maple Waffle
Crunchy Fish Sandwich w/ Tartar Sauce Hush Puppies Seasoned Green Beans Ham & Cheese on Pretzel	Popcorn Chicken Bowl Mashed Potatoes & Gravy Corn Whole Grain Roll Ham & Cheese on Pretzel	Peperoni or Cheese Pizza Garden Salad Dirt Pudding **Earth Day**	Chicken Alfredo w/ Penne Pasta Steamed Broccoli Garlic Bread Ham & Cheese on Pretzel	Beef Fiestada Mexican Fiesta Rice Buttered Corn Churro Ham & Cheese on Pretzel
27 Smoothies w/ Graham Crackers	28 Breakfast Bread w/ Hard Cooked Egg	29 Yogurt & Fruit Parfait	30 Apple Cinnamon Texas Toast	
Corn Dog Nuggets Mixed Vegetables Baked Beans Potato Wedges Solanco Sub	Chicken & Cheese Quesadilla with/ Salsa & Sour Cream Fiesta Rice Corn Solanco Sub	Grilled Cheese on Whole Grain Bread Tomato Soup with Crackers Steamed Broccoli Solanco Sub	French Toast Sticks w/ Syrup Sausage Patty Hash Brown Celery w/ Peanut Butter or Dip Solanco Sub	

****BREAKFAST****
Assorted Cereal
 Gluten Free Options Available
ZeeZees Breakfast Bars
 Nut, Dairy, Egg & Sesame Free
Assorted Fruit
100% Fruit Juice
Assorted Milk
Served Every Day

****LUNCH****
Fresh Carrot & Apple Packs
****Served Every Day****
A Variety of Fresh, Canned and/or Frozen Fruit,
Fresh Vegetables and Lettuce, Tomato & Pickles
****Served Every Day****
Choice of Milk

Breakfast is FREE
Every Day for
for Every Student

Everyday Alternates:

<u>Yo To Go</u>	<u>Peanut Butter & Jelly</u>	<u>Deli Sandwich</u>
4 oz. Yogurt Cup	PB&J Uncrustable	Weekly Deli Selection
Cheese Stick	Cheese Stick	Carrot Pack w/ Dip
Super Slice Flavored Bread	Snack Crackers	Snack Crackers
Dried Fruit Pack	Dried Fruit Pack	Dried Fruit Pack

Menu subject to change without notice
 Student Breakfast FREE Adult Breakfast \$2.94
 Student Lunch \$2.50 Adult Lunch \$4.85
 Milk & Juice \$0.50
 "This institution is an equal opportunity provider"

