

September 2026 Golden Mules HS Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cheesesteak Quesadilla Texas Ranchero Beans Hush Puppies Fresh Veggies & Dip Deli - Buffalo Chicken & Ham Salad - Crispy Chicken BLT	2 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes & Gravy Corn Deli - Buffalo Chicken & Ham Salad - Crispy Chicken BLT	3 Sloopy Joe on WG Roll Cheese Fries Broccoli Deli - Buffalo Chicken & Ham Salad - Crispy Chicken BLT	4 NO SCHOOL
7 NO SCHOOL	8 Taco Bowl Lettuce, Cheese & Salsa Refried Beans Corn Deli - Turkey Club Salad - Buffalo Chicken	9 Tangerine Chicken Over Brown Rice Oriental Vegetable Blend Fortune Cookie Deli - Turkey Club Salad - Buffalo Chicken	10 Homemade Grilled Cheese on Whole Grain Bread Creamy Tomato Soup w/Saltines Deli - Turkey Club Salad - Buffalo Chicken	11 Pepperoni Pizza Sticks Tossed Salad Whole Grain Cookie Deli - Turkey Club Salad - Buffalo Chicken
14 Mac & Cheese w/ Stewed Tomatoes Corn Bread Buttered Broccoli Deli - Chicken, Bacon & Ranch Salad - Southwest	15 Chicken & Cheese Quesadilla with/ Salsa & Sour Cream Fiesta Rice Corn Deli - Chicken, Bacon & Ranch Salad - Southwest	16 Chicken Alfredo w/ Penne Pasta Steamed Broccoli Garlic Bread Deli - Chicken, Bacon & Ranch Salad - Southwest	17 Pizza Burger on WG Bun Onion Rings Glazed Carrots Deli - Chicken, Bacon & Ranch Salad - Southwest	18 Chicken Tenders WG Roll Curly Fries Seasoned Green Beans Deli - Chicken, Bacon & Ranch Salad - Southwest
21 Pancakes w/ Syrup Hash Brown Sausage Patty Celery w/ Peanut Butter or Dip Deli - Chicken Caesar Wrap Salad - Chicken Caesar	22 Beef Burrito w/ Cheddar Cheese Refried Beans & Black Beans Corn Deli - Chicken Caesar Wrap Salad - Chicken Caesar	23 Baked Ziti Garlic Bread Seasoned Green Beans Pudding Deli - Chicken Caesar Wrap Salad - Chicken Caesar	24 Chicken Cordon Blue Sandwich French Fries California Blend Vegetables Deli - Chicken Caesar Wrap Salad - Chicken Caesar	25 Mules Homemade Pizza Tossed Salad Whole Grain Cookie Deli - Chicken Caesar Wrap Salad - Chicken Caesar
28 French Toast Sticks w/ Syrup Sausage Patty Hash Brown Celery w/ Peanut Butter or Dip Deli - Italian & Chicken Salad Salad - Strawberry or Greek	29 Traveling Tacos w/ Lettuce, Cheese & Salsa Fiesta Black Beans Corn Deli - Italian & Chicken Salad Salad - Strawberry or Greek	30 General Tso Chicken Fried Rice Steamed Broccoli Fortune Cookie Deli - Italian & Chicken Salad Salad - Strawberry or Greek		

Available Every Day:

PB&J Uncrustables
Chicken Sandwiches OR Burgers
Garden and Chef Salads
American, Turkey & Vegetable Deli Sandwiches

Menu subject to change without notice

Student Breakfast FREE Adult Breakfast \$3.04

Student Lunch \$2.50 Adult Lunch \$5.01

Milk & Juice \$0.50

"This institution is an equal opportunity provider"



****LUNCH****
Fresh Carrot & Apple Packs
****Served Every Day****
A Variety of Fresh, Canned
and/or Frozen Fruit,
Fresh Vegetables and
Lettuce, Tomato & Pickles
****Served Every Day****
Choice of Milk
100% Fruit Juice

Breakfast is FREE
Every Day for
for Every Student

