December 2026 Middle Mules Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Smoothies w/ Super Slice Bread	**1 Breakfast Pizza**	**2 Yogurt & Fruit Parfait**	**3 Mini Cinnis or Cinnamon Roll**	**4 Egg & Cheese on English Muffin**
	Chicken & Cheese Quesadilla with/ Salsa & Sour Cream Fiesta Rice Corn	Cheeseburger on WG Bun Baby Baked Potatoes Broccoli	French Toast Sticks w/ Syrup Sausage Patty Hash Brown Celery w/ Peanut Butter or Dip	Pepperoni or Cheese Pizza Tossed Salad w/ Choice of Dressing Whole Grain Cookie
	Solanco Sub	**Solanco Sub**	**Solanco Sub**	**Solanco Sub**
7 Smoothies w/ Super Slice Bread	**8 Egg, Cheese & Sausage Bagel**	**9 Yogurt & Fruit Parfait**	**10 Strawberry & Cheese Mini Bagel**	**11 Egg & Cheese Stuffed Hashbrown**
Hot Dog on Whole Grain Roll Macaroni & Cheese Buttered Peas	Grilled Chicken Bites w/ Choice of Dipping Sauce Baby Baked Potatoes Broccoli w/ Cheese Sauce	Pizza Crunchers w/ Marinara Sauce Garden Salad Warm Cinnamon Apples	General Tso Chicken Fried Rice Oriental Vegetable Blend Fortune Cookie	Beef Fiestada Pocket Mexican Fiesta Rice Buttered Corn Churro
Ham & Cheese on Pretzel	**Ham & Cheese on Pretzel**	**Ham & Cheese on Pretzel**	**Ham & Cheese on Pretzel**	**Ham & Cheese on Pretzel**
14 Smoothies w/ Super Slice Bread	**15 Egg & Cheese Croissant**	**16 Yogurt & Fruit Parfait**	17 **Donut Holes**	**18 Egg, Cheese & Salsa Burrito**
Grilled Cheese on Whole Grain Bread Tomato Soup with Crackers Steamed Broccoli	**Holiday Meal** Roast Beef w/ Gravy Mashed Potatoes Buttered Corn & WG Roll Cherry Crisp	Chicken Tenders w/ Whole Grain Roll Au Gratin Potatoes California Blend Vegetables	Loaded Nachos w/ Taco Meat Cheese Sauce & Salsa Fiesta Black Beans Churro	Stromboli w/ Marinara Sauce Steamed Broccoli Tator Tots
Turkey & Cheese		**Turkey & Cheese**	**Turkey & Cheese**	**Turkey & Cheese**
21 Smoothies w/ Super Slice Bread	**22 Breaded Chicken on a Biscuit**	**23 Yogurt & Fruit Parfait**	**24 Cherry or Apple Frudels**	**25 Egg & Cheese on Maple Pancake**
Orange Chicken Over Brown Rice Oriental Vegetable Blend Fortune Cookie	Pepperoni or Cheese Pizza Garden Salad w/ Choice of Dressing Whole Grain Cookie	Chicken **A**lfredo w/ Penne Pasta Steamed Broccoli Garlic Bread	**NO SCHOOL**	**Merry Christmas**
Italian Sub	**Italian Sub**	**Italian Sub**		
28 Smoothies w/ Super Slice Bread	**29 Sausage & Cheese on Maple Waffle**	**30 Yogurt & Fruit Parfait**	**31 Assorted Donuts**	
NO SCHOOL	**NO SCHOOL**	**NO SCHOOL**	**NO SCHOOL**	

Everyday Alternates:

Yo To Go	Peanut Butter & Jelly	Deli Sandwich
4 oz. Yogurt Cup Cheese Stick Super Slice Flaverored Bread Dried Fruit Pack	PB&J Uncrustable Cheese Stick Snack Crackers Dried Fruit Pack	Weeekly Deli Selection Carrot Pack w/ Dip Snack Crackers Dried Fruit Pack

Menu subject to change without notice

Student Breakfast FREE — Adult Breakfast $3.04

Student Lunch $2.50 — Adult Lunch $5.01

Milk & Juice $0.50

"This institution is an equal opportunity provider"

****BREAKFAST****

Assorted Cereal

Gluten Free Options Available

ZeeZees Breakfaast Bars

Nut, Dairy, Egg & Sesame Free

Assorted Fruit
100% Fruit Juice
Assorted Milk
Served Every Day

****LUNCH****

Fresh Carrot & Apple Packs
****Served Every Day****
A Variety of Fresh, Canned and/or Frozen Fruit,
Fresh Vegetables and Lettuce, Tomato & Pickles
****Served Every Day****
Choice of Milk



Breakfast is FREE Every Day for for Every Student



DON'T BULLY... BE A FRIEND.